



## **Kobudo Competition Guidelines**

For the 2019 GC Cup Kobudo Kata divisions the following rules will apply:-

### **Divisions**

1. Advanced Kobudo (3<sup>rd</sup> Kyu +)
2. Beginner Kobudo (White – 4<sup>th</sup> Kyu)

### **Format**

Kobudo Kata will be conducted as per the rules and format of Individual kata. Competitors are not permitted to do the same kata consecutively. Competitors can only perform kata from the permitted kata list. Competitors can only use weapons from the permitted weapons list. Competitors are not restricted to one weapon, they may use a different weapon for each kata performance.

### **Permitted Weapons – Competitors must supply their own weapons**

1. Bo
2. Sai

### **Permitted Kata**

1. Advanced Kobudo
  - a. Shushi no sho
  - b. Shushi no dai
  - c. Tsukenshitahaku no sai
  - d. Chatan yara no sai
2. Beginner Kobudo
  - a. Kihon Bo Kata Ichi
  - b. Kihon Bo Kata Ni
  - c. Kihon Sai Kata Ichi
  - d. Kihon Sai Kata Ni